



Be a part of the largest collection of critical information about celiac disease ever.

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Beyond Celiac unites with patients and partners to drive diagnosis, advance research and accelerate the discovery of new treatments and a cure. We envision a world in which people with celiac disease can live healthy lives, free from social stigma and fear of gluten exposure - A world Beyond Celiac.

Beyond Celiac serves the 21 million Americans requiring a gluten-free diet as the only treatment for celiac disease and non-celiac gluten sensitivity ('gluten sensitivity'). Through our Celiac Disease Symptoms Checklist and Talk. Tell. Test. campaign, we have increased the diagnosis rate sixfold. Gluten-free food is now available in every supermarket, convenience store and gas station across the United States. Our aggressive research agenda advances pathways toward treatment options beyond the gluten-free diet and ultimately, a cure for celiac disease.

# Help Advance CELIAC DISEASE RESEARCH





**Go Beyond Celiac™** is a digital community created by people with celiac disease, for people with celiac disease.

**Go Beyond Celiac** allows you to share your personal celiac disease story, including your path to diagnosis, your physical, emotional, and interpersonal experiences living with celiac disease, and how you manage it.

**Go Beyond Celiac** is designed to help researchers better understand the individual experience of celiac disease, allowing for a better understanding of it at a population level. This will accelerate research for treatment options beyond the gluten-free diet, and ultimately, a cure.

Participating in **Go Beyond Celiac** is a direct path to helping advance research, as well as staying informed about the latest developments in the field, including clinical trials.

**Go Beyond Celiac** also provides interaction between community members and creates opportunities for people with celiac disease to talk to one another about life with celiac disease. This will help **Beyond Celiac** and researchers identify unmet needs and opportunities for improved diagnoses and treatments, and help our community live life to the fullest.

**Go Beyond Celiac** includes a secure, one-of-a-kind celiac disease registry that will keep the community up to date on clinical trials and other research opportunities for people with celiac disease, as well as helping potential research study participants find studies for which they qualify.

In addition, the **Go Beyond Celiac** registry will be used to assist researchers in pre-screening and recruiting potential study participants, reducing a barrier to successful research, accelerating opportunities to improve diagnosis rates, and helping people with celiac disease cope with this serious genetic autoimmune disorder.

## The Gluten-Free Diet is **Not Enough**

If you have celiac disease, the gluten-free diet may have been your lifeline, helping you return to good health by taking away pain, fatigue and nutritional deficiencies.

Upon diagnosis, many people with celiac disease have been told by their doctors that the gluten-free diet is all they need to treat this serious genetic autoimmune disorder. However, growing research indicates that the diet alone isn't enough.

The diet can make you feel isolated and takes an emotional toll that needs to be addressed. What's more, research demonstrates that at least 10% of celiac disease patients on the gluten-free diet have ongoing or recurring celiac-disease-related symptoms. In addition, studies of adult celiac disease patients have shown that even after two years on the gluten-free diet, 30 to 60 percent have persistent gut damage. Data also suggests that this is true in more than 33 percent of adults regardless of having symptoms or positive blood tests. Alarmingly, another recent study found that nearly one in five children had persistent intestinal damage more than a year after embarking on a strict gluten-free diet.

Persistent gut damage has been associated with an increased risk of lymphoma, low bone density and fracture.

Join Today! [www.Go.BeyondCeliac.org](http://www.Go.BeyondCeliac.org)

